

Community **IPM**

Bed Bug Management—One Step at a Time!

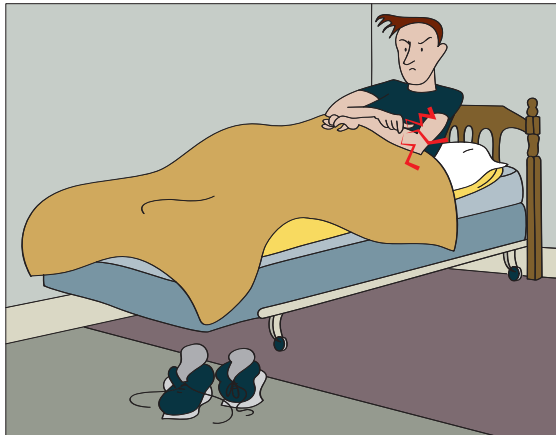
Step 1: Inspection

Matthew Frye, New York State Integrated Pest Management Program, Cornell University

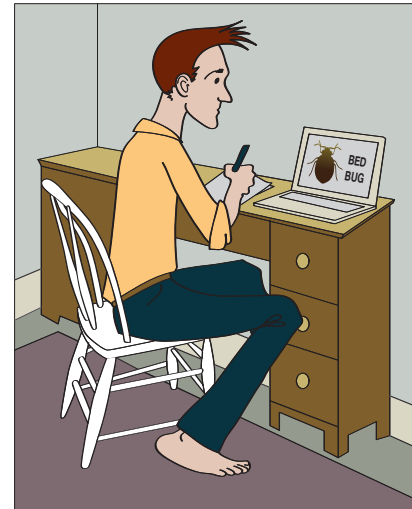
1 Sleep tight.



2 Is that a bite?



3 Could it be bed bugs?



4



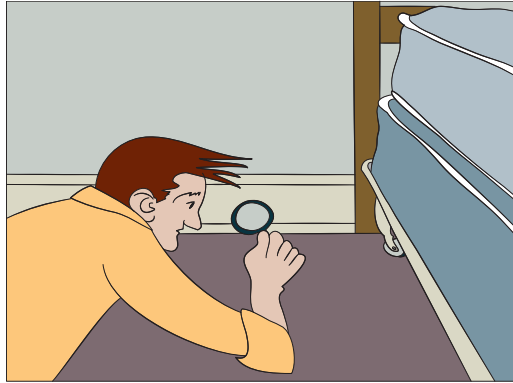
5

Inspect your bedroom: knife, flashlight, pill jar, sandwich bag, screwdriver, tweezers, contractor bags.



6

Inspect cracks and crevices near the bed, including floor molding ...



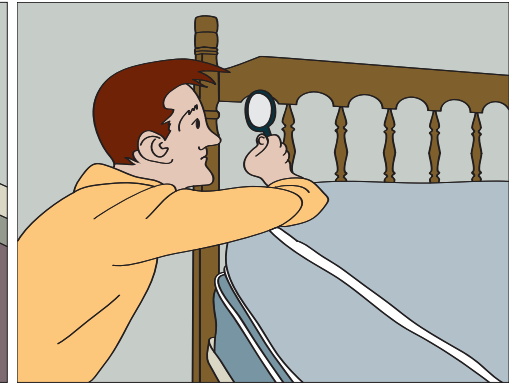
7

... electrical outlets and switchplate covers ...



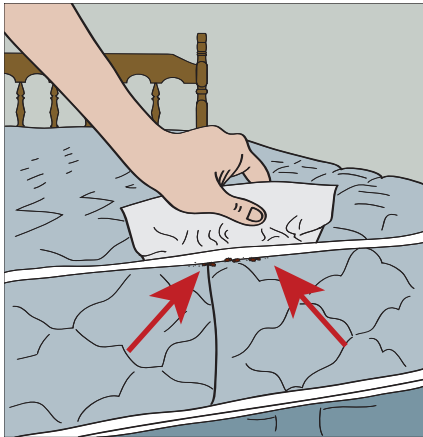
8

... the bedframe and headboard ...



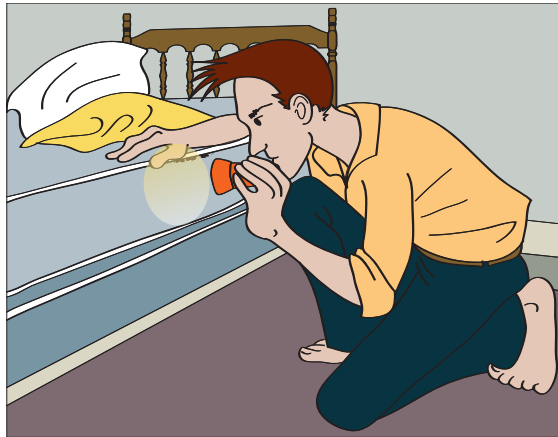
9

... under the mattress tag ...



10

... seams on the mattress and boxsprings.



11

Bed bug evidence

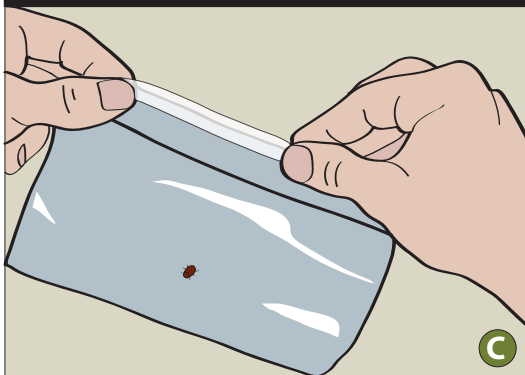
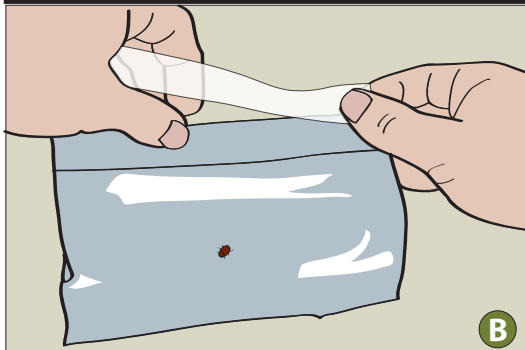
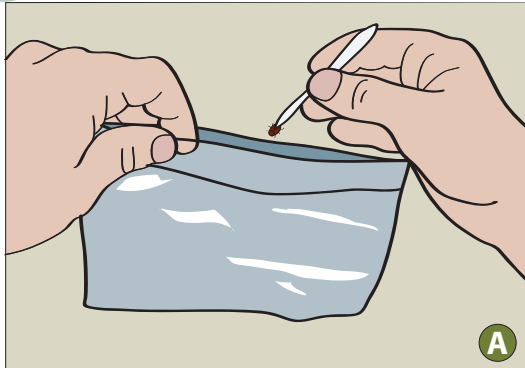


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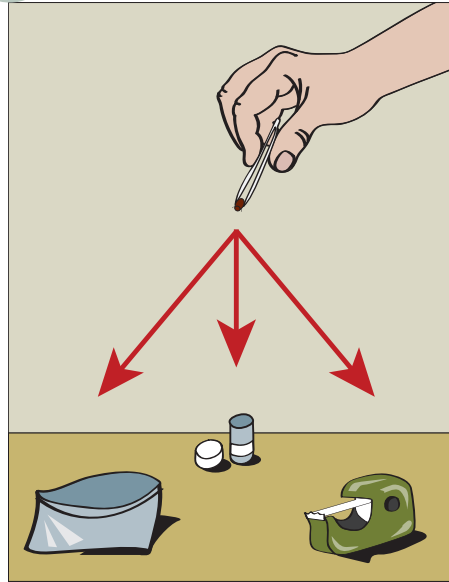
Don't worry!



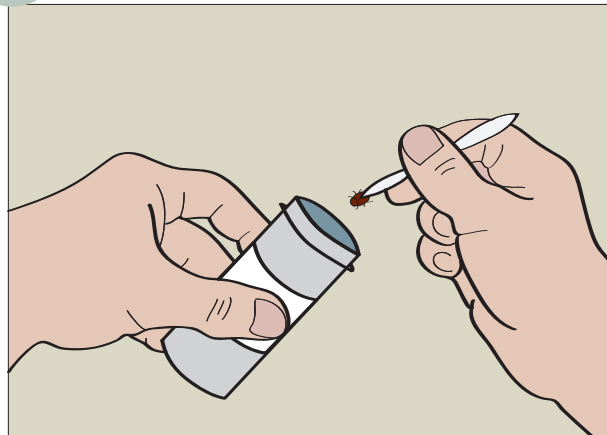
14 Seal insect in a plastic bag ...



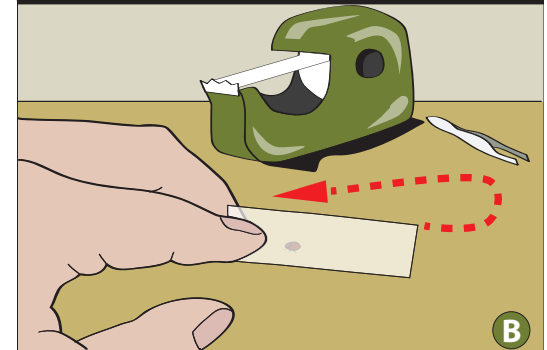
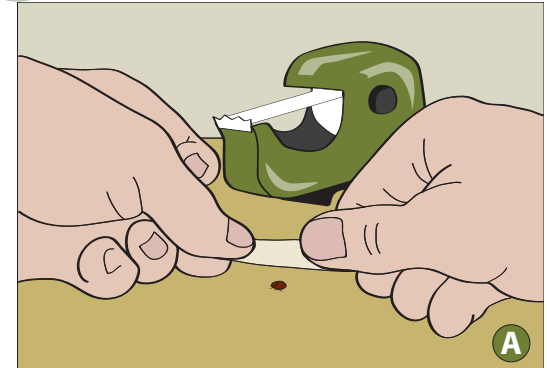
13 Collect a sample.



15 ... or place insect in a pill jar ...



16 ... or seal insect in clear tape.



17 Visit a county Extension office.

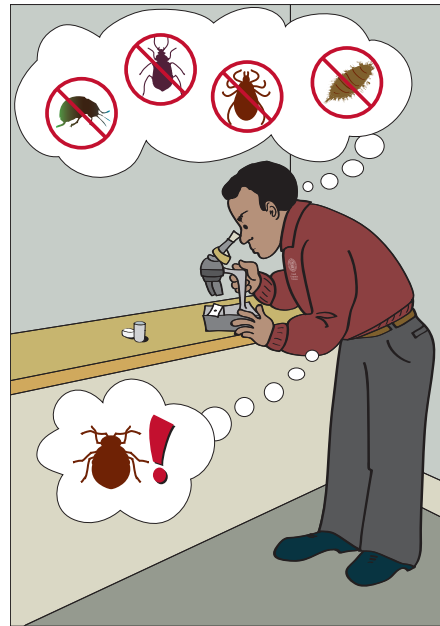


18



19

Other insects may look like bed bugs. Correct identification is important.

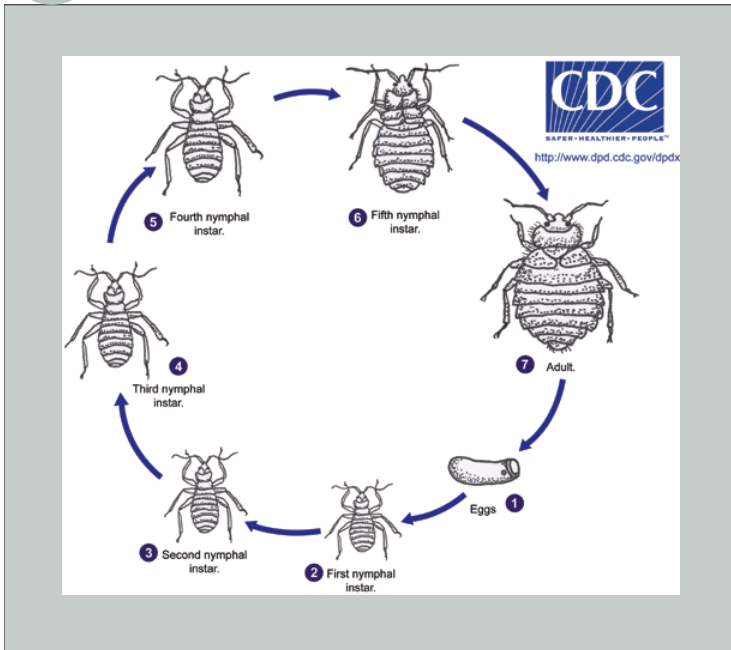


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Learn about bed bug biology.



21 Life stages of the bed bug.



22

Bed bug bites itch ...



23

... but they are not known to transmit any disease.



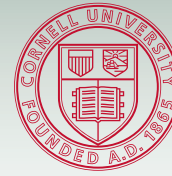
24 Time to make a plan.



25a Do it yourself ...



25b ... or call a qualified professional.



Cornell University
Cooperative Extension



New York State
Integrated Pest Management
Program

Produced by the New York State Integrated Pest Management Program, which is funded through Cornell University, Cornell Cooperative Extension, the New York State Department of Agriculture and Markets, the New York State Department of Environmental Conservation, and USDA-NIFA. Illustration and design by Karen English, New York State IPM Program. Cornell Cooperative Extension provides equal program and employment opportunities. © 2013 Cornell University and the New York State IPM Program. Posted 9/2013 at www.nysipm.cornell.edu/factsheets/buildings/bb_mgmt_steps/inspection.pdf



For more information,
see: [What's Bugging
You? Bed Bugs](#)



See all Steps in this series:
[Bed Bug Management—
One Step at a Time!](#)

The next step is [Get Rid of Clutter](#).